

December 2018

Potential Premium Retail: White Bread	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
All Day Breakfast	*		*				*		*	*	*				
BBQ Chicken	*														
Bacon, Lettuce & Tomato	*		*					*		*					
Chicken & Bacon with Mayo	*		*							*					
Chicken and Stuffing	*		*							*					
Cheese Salad	*							*							
Chicken and Sweetcorn	*		*							*					
Chicken Salad	*		*					*		*					
Chicken Tikka	*		*					*		*					
Coronation Chicken & Spinach	*		*				*				*				
Duo Cheese Ploughmans	*		*					*							
Lemon Pepper Chicken with Sour Cream and Chives	*		*					*							
Egg & Cress	*		*							*					
Egg Salad	*		*							*					
Egg Mayo & Sliced Bacon	*		*							*					
Ham, Cheese and Coleslaw	*		*					*		*					
Ham and Mustard Mayo	*		*					*		*					
Ham & Cheese	*							*							
Pastrami and Crispy Slaw	*		*					*		*					
Ham Salad	*		*					*							
Italian Meat Feast	*		*					*		*					
Roast Pork and Stuffing	*		*					*	*	*					
Tuna and Spring Onion	*		*	*											
Roast Beef and Caramelised Onion	*		*					*							
Prawn Mayo	*	*	*												
Roast Beef Salad	*		*					*		*					
Tuna & Cucumber	*		*	*						*					
Smoked Ham, Low Fat Soft Cheese and Tomato	*							*							
Turkey, Stuffing, Bacon and Cranberry	*							*							
Ham and Crispy Slaw	*		*					*		*					
Roast Pork and Real Ale Chutney	*		*					*		*					
Tuna Salad	*		*	*						*					

Retails	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
Tuna & Sweetcorn	*		*	*						*					
Chicken Salad	*		*					*							
Sliced Cheese with Spicy Tomato Chutney	*							*		*					
Egg and Cress	*		*					*		*					

Potential Premiums: Malted Bread	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
All Day Breakfast	*		*				*		*	*	*				
BBQ Chicken	*														
Bacon, Lettuce & Tomato	*		*					*		*					
Chicken & Bacon with Mayo	*		*							*					
Chicken and Stuffing	*		*							*					
Cheese Salad	*							*							
Chicken and Sweetcorn	*		*							*					
Chicken Salad	*		*					*		*					
Chicken Tikka	*		*					*		*					
Coronation Chicken & Spinach	*		*				*				*				
Duo Cheese Ploughmans	*		*					*							
Lemon Pepper Chicken with Sour Cream and Chives	*		*					*							
Egg & Cress	*		*							*					
Egg Salad	*		*							*					
Egg Mayo & Sliced Bacon	*		*							*					
Ham, Cheese and Coleslaw	*		*					*		*					
Ham and Mustard Mayo	*		*					*		*					
Ham & Cheese	*							*							
Pastrami and Crispy Slaw	*		*					*		*					
Roast Pork and Stuffing	*		*					*	*	*					
Ham Salad	*							*							
Italian Meat Feast	*		*					*		*					
Roast Beef and Caramelised Onion	*							*							
Tuna and Spring Onion	*		*	*											
Prawn Mayo	*	*	*												
Roast Beef Salad	*		*					*		*					
Tuna & Cucumber	*		*	*						*					
Smoked Ham, Low Fat Soft Cheese and Tomato	*							*							
Turkey, Stuffing, Bacon and Cranberry	*							*							
Ham and Crispy Slaw	*		*					*		*					
Roast Pork and Real Ale Chutney	*		*					*		*					
Tuna Salad	*		*	*						*					

	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
HOT BAPS															
Bacon Bap	*													*	
Sausage Bap	*						*		*		*			*	

	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
FIRST CLASS SANDWICHES															
Sliced Cheese with Spicy Tomato Chutney	*							*		*					
Turkey, Stuffing, Bacon and Cranberry	*							*		*					
Roast Pork and Real Ale Chutney	*							*		*					
Ham, Low Fat Soft Cheese and Tomato	*							*		*					
Duo Cheese Ploughmans	*		*					*		*					
Boiled Egg Salad	*		*					*		*					
Lemon Pepper Chicken with Sour Cream and Chives	*		*					*		*					
Double Egg & Cress	*		*					*		*					

	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soya	Milk	Celery	Mustard	Sulphur Dioxide and Sulphites	Lupin	Molluscs	Sesame	May Contain Traces
PANINIS															
Cheese & Tomato (v)	*							*							
Ham	*							*							

Chilli Chicken Ramen Noodles	*		*	*			*								
Katsu Rice Noodles				*			*			*					SESAME
Chilli Miso Rice Noodle (Vegan, Gluten Free)							*						*		
Pho Rice Noodle (Gluten free)		*		*			*								SESAME
Chicken Pho Rice Noodle (Gluten free)							*	*							
Vegetable Laksa Rice Noodles (Gluten free)							*								
Nomadic Oat Cluster Strawberry	*						*	*							NUTS
Nomadic Oat Cluster Chocolate	*						*	*							nuts/soya
All Butter Croissant (Delifrance)	*		*		*		*								
Pain Au Chocolate (Delifrance)	*		*		*		*								
Maple and Pecan Plait (Delifrance)	*		*		*		*	*							